Medical students should reflect on what they can learn from clinical experiences: Medical knowledge, procedural skills, how to approach development of differential diagnoses and plans of care, and identifying what and how they need to improve.

*Minimal reflection is reflection on the case.
*Students should strive for Self-guidance.

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**Foster Self-assessment through Post-case Reflection**

- **Case**
  - WHAT student learned
  - Medical knowledge or scientific concepts learned or appreciated

- **Process**
  - HOW student approached case, gathered & applied information
  - Comparative analysis of approaches
  - Error recognition

- **Progress**
  - Recognition or description PROGRESS or CHALLENGES in making progress in developing relevant skills, behaviors, or attitudes for effective problem-solving

- **Self-guidance**
  - SYNTHESIS of problem-solving skills learned, behaviors improved or errors recognized over time
  - SELF-ADVICE for IMPROVING approach to problem-solving

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