## **Educational Support for Residents as Learners**

The Office of Resident Development provides the following individual services to assist residents in developing learning strategies and test-taking and communication skills:

- Creating a Curriculum Vitae, Personal Statement, and/or Cover Letter;
- Developing an Effective Study Schedule for STEP 3, In-Service Exams, and Specialty Boards;
- Project Development—i.e. Efficiently reading and reviewing research articles; synthesizing literature into comprehensive reviews; effective preparation for group presentations; and
- Question Bank Guided Practice.
- Strategies for Studying, Test-taking, Time Management, Organization, Communication, and Anti-Anxiety

The Office of Resident Development offers a variety of workshops at the department level to assist Residents and Fellows in developing strategies and skills to improve educational experiences. Below are examples of workshops offered:

- Anti-Anxiety Strategies;
- Communication Skills Development;
- Organization/Time Management Strategies;
- Study Strategies; and
- Test-taking Strategies.

## **Director, Resident & Fellow Development**

## T. Gail Pritchard, PhD

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